

**GRATEFUL SERIES LIFE GROUP DISCUSSION QUESTIONS**  
**VICTORIOUS GRATITUDE WEEK 3**  
**11/15/2020**

*“Through the praise of children and infants you have established a stronghold against your enemies, to silence the foe and the avenger.”*

*“You have made them a little lower than the angels and crowned them with glory and honor. You made them rulers over the works of your hands; you put everything under their feet...  
(Psalms 8:2, 5-6 NIV)*

**Introduction:** In this message we are learning about the power of praise and how God can help us praise our way through the great problems and battles we face. Thanksgiving and praise are about more than being polite; it is about changing the spiritual, emotional, and practical atmosphere of our hearts and circumstances. David is the picture of a person who shows us how to praise our way to victory.

1. Can you think of something that someone did recently in your family or friendship group that positively changed the atmosphere- broke a negative mood and opened the door to healing, victory, or joy?
2. How has God used praise and thanksgiving to change the atmosphere and outcome of something in your life? Can you relate to the idea that when we worship, we don't just see the problems; we see, sense, and come to realize what God is doing?
3. It was mentioned that one of the very important purposes of praise is to overcome the enemy's strongholds and lies in our minds, and transform us by solidifying new beliefs that let God have His way. Can you give an example where you need God's help to correct and transform wrong beliefs? How can God use praise in that process?
  - a. Beliefs about my survival physically, financially, relationally, or emotionally during this time
  - b. Beliefs about the election and politics
  - c. Beliefs about my identity
  - d. Beliefs about my problems and needs
4. What is an example in your life that God wants to help you praise your way through it? Have you sensed what God might be saying? If there was a “crown” or provision of God that you believe God would want you to ask for or possess in the middle of this, what might it be?
5. What does it mean for you to give the Lord unashamed and unhindered praise to Him? What is something the enemy has tried to use to suppress or put a lid on your praise?

6. Dale said that praise is prophesying your future based upon the promises of God and the attributes of God. Try writing a word of praise based on what you think God would want you to praise Him for doing, even if it hasn't happened yet.